



ENGLISH TEACHER

LISTENING COMPREHENSION Level B



Please Scan the QR CODE to listen to the audio and learn the answers. Thank you

Read the questions. Listen and take notes.

Choose the correct option.

1. What does the author do to create a cozy reading nook?

- a) Turn on bright lights
- b) Use a cold blanket
- c) Add soft pillows and a warm blanket
- d) Open all windows



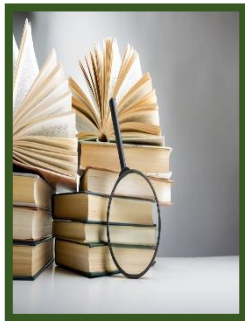
3. What genres does the author enjoy reading before bedtime?

- a) Only mysteries
- b) Only romance
- c) A variety of genres
- d) Only science fiction



2. How does the author feel when reading before bedtime?

- a) Stressed
- b) Bored
- c) Relaxed
- d) Anxious



4. What positive impacts has bedtime reading had on the author?

- a) Improved language skills and broader perspective
- b) Increased stress and anxiety
- c) Limited imagination
- d) Decreased joy and relaxation

BONUS QUESTION

What is the primary benefit the author gains from their morning stretching habit?

- A) Improved muscle strength
- B) Enhanced mental clarity
- C) Increased flexibility and tension relief
- D) Reduced need for caffeine intake



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